



WYNDARRA NEWSLETTER

August 2023



Winter is well and truly here and I'm sure everyone is already looking forward to summer. Our WSS participants have been busy over the past few months with lots of activities including holding a morning tea to raise money for Koinz for Kidz. Not only was it delicious, they also raised \$178.00

This Year Koinz for Kidz will be going to the Fairy Godmothers who assist Tasmanian families and children with disabilities, special needs and medical conditions who require assistance with equipment, resources and medical attention.

WSS Soup Day

Participants have been busy cooking up a storm making delicious minestrone soup. Keep reading to find the recipe in this newsletter.





Welcome

Wyndarra would like to welcome our new General Manager Krista Mills. Krista has a broad range of qualifications and experience and is excited to be part of the Wyndarra team. Be sure to say hi if you see Krista around.

survey

Client and Community Satisfaction and Feedback Survey



Your opinion is important to us here at Wyndarra. If you have a few minutes to spare please click on the link below or scan the QR code to complete our small survey. Your details will remain anonymous.

<https://forms.office.com/r/XBjrnBvHSa>

NATIONAL 15-21 MAY 2023 VOLUNTEER THE CHANGE MAKERS WEEK

Wyndarra appreciate all the hard work our volunteers do. From lawnmowing and gardening to driving clients to medical appointments and offering social support, without our volunteers Wyndarra would not be able to reach out to the community when needed.

On the 16th of May we celebrated National Volunteer Week with a BBQ and cake. Volunteers past and present came from far and wide to reconnect and celebrate.



Photo Courtesy of the Circular Head Chronicle

Volunteer News



Calling all lawn mowers!!



We are currently looking for a few extra people to mow lawns. If you have even one hour a month to spare to help with a lawn could you please let us know. We have a small band of volunteers who are mowing at present and it would be great to give them some support.

Working with Vulnerable People Card

*Have you received a **NEW** WWVP card or renewed your driver's licence? If you haven't already done so please don't forget to bring it into us so that we can put a copy on our files.*

Next Volunteer Training Session

Are you or someone you know interested in becoming a volunteer at Wyndarra?

Our next volunteer training sessions will commence at 10am on Tuesday 22nd August and finish on the 26th of September. Any one who is interested or would like further information can contact Beck at Reception on **6452 2722** or email: **info@wyndarra.org.au**

SDA - Specialised Disability Accommodation



You may have seen the sign go up at 41 Goldie Street recently.
Plans have been submitted to Council for approval.

Don't forget to like and follow us on
Facebook to keep up with our latest
updates and important information



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Please let us know if your contact details have changed so that
we can update our records.

***If your circumstances have changed and you are no longer
able to volunteer, please let us know so that we can adjust
our records.***

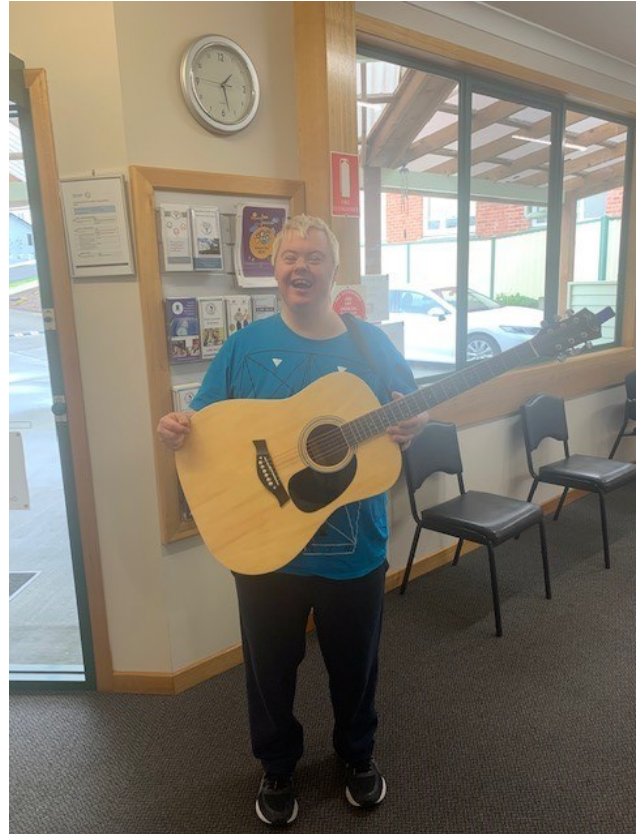
If you wish to receive our newsletter via email please email us
at info@wyndarra.org.au or phone us on 6452 2722

Wyndarra Support Service

Participants have been having fun at SWIRL. They have been working on their diving (and bombing) skills along with lots of fun activities together in the water.



Wyndarra Support Service



Participants have been busy with lots of fun activities in the support room. We were even lucky enough to be given a mini concert by one of our participants.

Thank You

Wyndarra was pleased to be a recipient of a \$5000 Grant available through the Stronger Communities Grant Program & the office of Gavin Pearce. These funds will enable the purchase of specialized crockery, cutlery & kitchen aids as well as an additional adjustable table & mobile display/whiteboard. We thank the office of Gavin Pearce for nominating us for this Grant which will complete the transformed Uniting Church, made possible by a Grant from Tas Community Funds.



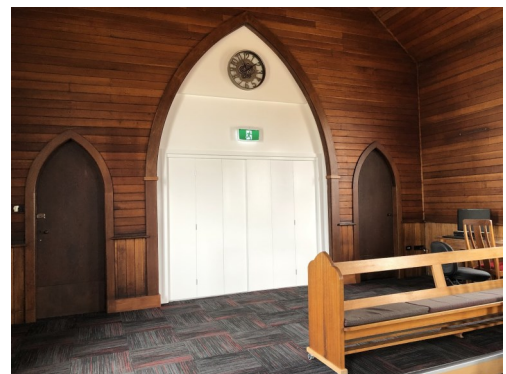
Competition time

43 Goldie Street property (Uniting Church) has had a recent revamp and we would like to give the building a new title.

We are running a competition so if you have any ideas for a new name please let us know by submitting a suggestion before 1st September 2023 by either

- Facebook
- Email info@wyndarra.org.au
- Phone 6452 2722

The winning entry will be eligible for a prize which will be announced in conjunction with the official opening of the refurbishment in September this year. Date to be announced.



Minestrone Soup

Ingredients

3 Bacon Rashers Chopped	2 Carrots peeled and chopped
2 Celery Sticks chopped	1 Potato peeled and chopped
2 Garlic Cloves Crushed	1lt Beef Stock
400g Canned Diced Tomatoes	400g Canned Red Kidney Beans
80g Small Shell Pasta	

Method

Place Bacon, carrots, celery and potato in a large saucepan and cook on high for 5 minutes

Add garlic, beef stock, tomatoes and Kidney Beans. Bring to the boil then reduce heat and simmer for 30 minutes until the vegies are tender. Turn up the heat, add the pasta and cook until all soft.



NAIDOC Week

Participants braved the rain and enjoyed the activities for NAIDOC week held at Trawmanna with CHAC.

This was a great cultural experience for our participants.



Quit Smoking Grant

Do you or someone you know want to quit smoking? Thanks to a grant from TasCoss, Wyndarra are able to assist with Nicotine Replacement Therapy to help with your quit smoking journey. Please contact reception if you would like more information on how we can assist you with your Quit smoking goals.

You may have noticed our mini revamp of our front seating area. There is now a small hut to the side for any visitors that do wish to smoke, leaving the front seating area a smoke free zone.



Youthfest



Bec and Brylee represented Wyndarra at this years Youth Fest at Riverbend. They had many visitors trying their luck at guessing how many lollies were in the jar and seeing how many points

they could get on the Wyndarra Bullseye. This was a great opportunity for Wyndarra to engage with the youth of Circular Head letting them know how Wyndarra can support them.

WSS Group Day

On a recent day out our Group stopped at the new park in Somerset to test it out. Judging by the smiles they all enjoyed themselves and gave the park a big thumbs up.



Thank You

Libby enjoyed her Scone brought in by a community member to say thank you to the staff for all their hard work.

Thankfully Libby was happy to share the rest with everyone.



KEEP ON TOP OF COVID



**WASH
HANDS**



**KEEP YOUR
DISTANCE**



**STAY HOME
IF SICK**



**COVID
SYMPTOMS?
GET TESTED**



**FOLLOW
CURRENT
RESTRICTIONS**



Keep up to date.
www.coronavirus.tas.gov.au



SUPPORTED BY THE
Australian Government
Department of Social Services

SUPPORTED BY
 **Tasmanian
Government**